

# Integral Entrelac Cowl



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The picture at the left is unblocked, whereas the one on the right shows the garment after blocking. This model was knitted from one ball of Marks & Kattens Big Trend with 17 units per tier and 11 tiers.

## Gauge

Gauge is not crucial because the circumference is determined by the number of base triangles.

## Materials

Yarn: 330 yards worsted-weight yarn

Needles: 24" Circular, Size US #7 (4.5mm) or size to give a pleasing fabric

## Size

I ball of Big Trend yielded a cowl 33" by 9"; 3 balls of Liberty Wool yielded a cowl 30" by 8"; and one ball of Liberty Wool yielded an ear warmer 21" by 3.5".

## Abbreviations

**CCO** = Cable Cast On; **DEC** = Decrease; **K** = Knit; **K2tog** = Knit 2 Together; **P** = Purl; **P2tog** = Purl 2 Together; **RS** = Right Side; **Sl** = Slip the indicated number of stitches (purlwise, unless otherwise noted, i.e. working an SSK); **SSK** = Slip-Slip-Knit (slip next 2 STS knitwise, one-by-one, return both to left needle, and knit them together through the back); **SSSK** = Slip-Slip-Knit (slip next 3 STS knitwise, one-by-one, return them to left needle, and knit them together through the back); **ST** = Stitch(es); **WS** = Wrong Side; **YO** = Yarn Over;

## Techniques

## Cable Cast On (CCO)

- Begin by casting on 2 stitches with any method you like. This could be a slipknot + 1 long-tail cast on stitch, a slipknot + 1 backwards loop, or a slipknot + 1 knitted cast on stitch.
- Insert working needle (usually the right needle) between the 2 cast on stitches; wrap yarn and pull through to form a new stitch; and place that new stitch on the needle holding the stitches (usually the left needle).
- Insert working needle between the 2 stitches nearest the tip of the other needle, wrap yarn and pull through to form a new stitch, and place that new stitch on the needle holding the stitches.
- Repeat step c. until you have the desired number of stitches. Note that the last stitch cast on will tend to lie on top of the previous one, so count carefully.

## Knitting Up and Purling Up Stitches

- Insert working needle (usually the right needle) under both legs of the (slipped) edge stitch, wrap yarn and pull through to form a new stitch. Keep new stitch on the working needle. Repeat until you have the desired number of stitches.
- When Knitting Up, work with Right Side facing you, and insert the needle tip away from you; when Purling Up, work with Wrong Side facing you, and insert the needle tip toward you.

## Slipping Stitches

Slip stitches at beginning of row purlwise.

## Instructions

### Base Triangles

This cowl begins by casting on and working each base triangle individually. This results in an elastic cast on edge, which nicely mirrors the bound off edge.

\*CCO 6 ST

P6. Turn.

Work Base triangle:

Row 1 (RS): K1.  
Row 2 P1.  
Row 3 SL1, K1.  
Row 4 P2.  
Row 5 SL1, K2.  
Row 6 P3.  
Row 7 SL1, K3.  
Row 8 P4.  
Row 9 SL1, K4.  
Row 10 P5.  
Row 11 SL1, K5.

Turn and repeat from \* until you have as many base triangles as wanted for your cowl.

With RS facing, join by knitting up 6 ST from edge of first triangle - be careful not to twist work.

Reverse direction.

### Tier 1

With WS facing, work Tier 1:

\*Row 1 SL1, P4, P last ST together with first ST of triangle.  
Row 2 K6.

Repeat these two rows 4 more times.

Row 11 SL1, P4, P last ST together with last ST of triangle.

Purl up 6 STS from slipped ST edge of next triangle. Turn and K6; repeat from \* to end of tier.

NOTE: When purling up stitches from edge of last triangle, purl up 7 STS; then DEC 1 on next row by K2tog, K5.

Reverse direction.

### Tier 2

With RS facing, set up for Tier 2:

SL1, K5.

\*Knit up 6 ST from slipped ST edge of next rectangle. Turn and P6.

Row 1 SL1, K4, SSK last ST + first ST of next rectangle.  
Row 2 P6.

Repeat these two rows 4 more times.

Row 11 SL1, K4, SSK last ST + last ST of next rectangle.

Repeat from \* to end of tier.

NOTE: When knitting up stitches from edge of last rectangle, knit up 7 ST; then DEC 1 on next row by P2tog, P5.

Reverse direction.

### Tier 3

With WS facing, set up for Tier 3:

SL1, P5.

\*Purl up 6 ST from slipped ST edge of next rectangle. Turn and K6.

Row 1 SL1, P4, P2tog (last ST + first ST of next rectangle).  
Row 2 K6.

Rep these two rows 4 more times.

Row 11 SL1, P4, P2tog (last ST + last ST of rectangle).

Repeat from \* to end of tier.

### Additional Tiers

Alternate Tier 2 and Tier 3 to desired depth of cowl, ending by working Tier 3. Note: the model used nearly as much yarn for the ending triangles as for a single tier of rectangles.

### Set-Up for Ending Triangles

Ending triangles are worked with an initial count of 7 stitches. Pay careful attention to the knitting-up instructions that follow.

Reverse direction.

With RS facing, set up for Ending Triangles:

SL1, K5.

First Ending Triangle

Knit up 7 ST from slipped ST edge of rectangle, turn and P7.

Row 1 SSK, K4, SSK.

Row 2 P6.

Row 3 SSK, K3, SSK.

Row 4 P5.

Row 5 SSK, K2, SSK.

Row 6 P4.

Row 7 SSK, K1, SSK.

Row 8 P3.

Row 9 SSK twice.

Row 10 P2.

Row 11 SSSK.

Subsequent ending triangles

knit up 6 ST from slipped ST edge of rectangle, turn and P7 (the 6 knit-up STS and the remaining ST from the previous triangle). Work Rows 1-11 as above.

Final ending triangle

knit up 7 ST from slipped ST edge of rectangle, turn and P2tog, P6. Work Rows 1-11 as above. Break yarn, pull through last ST and weave in tail.

Weave in cast-on tail from first base triangle.

Block if desired.